

## Welcome!

Welcome to the first issue of our Newsletter. Following the success of our project launch earlier this year (9th June 2015), we are now happily embarking on a new food adventure with 14 schools from Malta and who have the privilege to work together and give inspiration to others on this challenging theme! Questions that we hope that you start looking into include: Where is my food coming from? What went into the production of this food? What is the environmental impact of the food that I'm eating? and much more....

Group photo taken during Launch of the Project 9th June 2015



Meet the international coordinators!

Together with our international partners, we were busy preparing the methodology document that will be forwarded to all participating schools in the forthcoming days. It provides guidance as how to develop the 7-step Eco-Schools methodology for the theme of Responsible Food Consumption. As this is a pilot year, we are looking forward to your feedback and suggestions such that the project continues to evolve.

### The EkoSkola Team

#### Upcoming events:-

- **9th October 2015**  
Methodology sent to all pilot schools by email
- **15th October 2015**  
Teacher Training
- **End December 2015**  
Action Plan to be approved
- **March 2016**  
Call for participation from other schools for 2016-2017
- **Mid-May 2016**  
Final Report Presentation for 2015-2016 Projects

#### Our partners:

Glopolis is the lead NGO, while the other partners include the NGOs that run the Eco-Schools Programme in the following countries: Bulgaria, Croatia, Czech Republic, Latvia, Poland, Romania, Slovenia and Slovakia.



# We Eat Responsibly

## 5 Key Questions of a Responsible Food Consumer:

How much food do I consume?

How much food do I waste?

What is on my plate?

How was my food produced?

Where is my food coming from?

## NOWADAYS, FOOD PRODUCTION:



contributes more to **GLOBAL WARMING** than all cars, trucks, airplanes and trains combined



**IS THE BIGGEST USER OF FRESH WATER**; but degrades massively water quality due to pesticide and fertilizer runoff



accelerates **THE LOSS OF BIODIVERSITY**



is a major driver of **DEFORESTATION** (and desertification)

Glopolis (2014) – How the plates make our world go round.

[www.glopolis.org](http://www.glopolis.org)

## Meet the Maltese Eco-Schools taking part....

The EkoSkola Team is pleased to announce the 14 Maltese Eco-Schools taking part in this project. We wish you luck and every success in the Eat Responsibly Project, but most of all we wish you a FUN and inspirational learning experience for your schools!



- St Benedict College, Birzebbugia Primary
- St Benedict College, Kirkop Secondary School
- St Nicholas College, Dingli Primary School
- Gozo College, Rabat Primary School
- St Michael School, Sta Venera
- St Monica School, Gzira
- St Joseph School, Senior Section
- St Benedict College, Żurriq Primary School
- Dun Manwel Attard Young Adult Education Resource Centre
- St Benedict College, Mqabba Primary School
- St Francis Secondary School, Sliema
- San Ġorġ Preca College, Valletta Primary School
- Helen Keller Resource Centre
- St Theresa College, Birkirkara Secondary School (Ta' Paris)

## Interesting links:-

**For a global perspective watch this online film: Seeds of Freedom**

<http://2013.festivalalimenterre.cz/en/filmy/semena-svobody-film-online/>

**Malta Seasonal Calendar - to help you choose local and seasonal**

<http://littlerock.com.mt/food/list-of-seasonal-fruit-and-veg-available-in-malta/>

## Contact us!

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